

STRUCTURED MEDICATION REVIEWS

Information for patients

Some patients who are on a large number of medications, or on medications which require more regular reviews, will be invited to a structured medication review with a Clinical Pharmacist. The following information explains what you can expect if you are invited for a review

WHAT IS A STRUCTURED MEDICATION REVIEW?

- A structured medication review is a confidential discussion with a Clinical Pharmacist in your GP practice which aims to help you get the best from your medication. The review will usually be a 30 minute appointment.

WHAT HAPPENS AT A STRUCTURED MEDICATION REVIEW?

- The Clinical Pharmacist will discuss all your medications in detail, check you are prescribed the most appropriate medications, that your medicines are working for you and that you are not having any problems with them to ensure that you get the best from your medications.
- You will have the opportunity to ask questions about your medicines and the Clinical Pharmacist may also carry out some health checks such as your blood pressure or weight.
- If any changes need to be made to your medication, the Clinical Pharmacist will discuss this with you and your agreement will be sought before changes are made. A summary of the review will be documented in your medical records.
- If it is not possible to discuss all the issues surrounding your medications within one appointment, or if some further review is needed, a follow-up appointment may be required.

HOW CAN I MAKE AN APPOINTMENT TO HAVE A STRUCTURED MEDICATION REVIEW?

- You will receive a text message, phone call or letter asking you to make an appointment if you are eligible.
- Appointments are usually face to face but you can request a telephone call if you prefer.
- Please let us know as soon as possible if you are unable to attend an appointment so we can rearrange.

WHAT DO I NEED TO BRING TO THE APPOINTMENT?

- Please bring all of your medicines (which may include tablets, liquids, creams and inhalers) with you. This includes prescribed medication, as well as any herbal medicines or medicines that you buy over the counter from the chemist or supermarket. The Clinical Pharmacist will have access to your medication list prescribed from the GP practice.
- Please think of any questions you may have about your medications to raise at the review.
- You can bring a relative, friend or carer with you to the appointment if you wish to.

For more information about the work of the Clinical Pharmacist team which works across Altrincham Medical Practice, Park Medical Practice, Shay Lane Medical Centre (Drs Cranston, Haslam and Connell), St Johns Medical Centre and West Timperley Medical Centre, please click [here](#)